

P R O G R A M 3

Australasia

Dental Hygiene Study Club



P R O G R A M 3

TABLE OF CONTENTS

What is Dental ED?	3
The Study Club Model	4
Dental Hygienist and Dental Hygiene Study Club Program	5
How do I find a Study Club?	17
Registration / Expression of Interest Form	18

Number of hours credited recognised by:



AGD Approved Number: 322736



Register to your study club and download the complete program and session notes at www.dentaedglobal.com

Dental ED is an ADA CER-P Recognised Provider.

ADA CER-P is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CER-P does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Dental ED designates this activity for 16 hours total continuing education credits.

WHAT IS DENTAL ED?



Emanuel Recupero is the founder and Managing Director of Dental ED. He graduated as a trained microbiologist, and eventually came to work in the pharmaceutical industry in Melbourne, Australia. During this time, Emanuel gained proficiency in financial strategic marketing, deciding to start his own consulting company in 1997 with the aim to provide services to the medical and dental industry.

A UNIQUE IDEA

While entrenched in the orthodontic industry, Emanuel learnt that study clubs were the most important place for dental professionals to exchange skill sets. There was an evident dilemma as to how to deliver a high-end education program that was also cost-effective and time-efficient. By 2003 — inspired by the advancement of new web-conferencing technologies. Emanuel saw the potential of transmitting live lectures to multiple study club sites, thus providing esteemed speakers to dentists at an accessible and affordable price. By June of 2003, the world's first-ever, live web-based dental seminar was tested and, by February 2004, Dental ED was born.

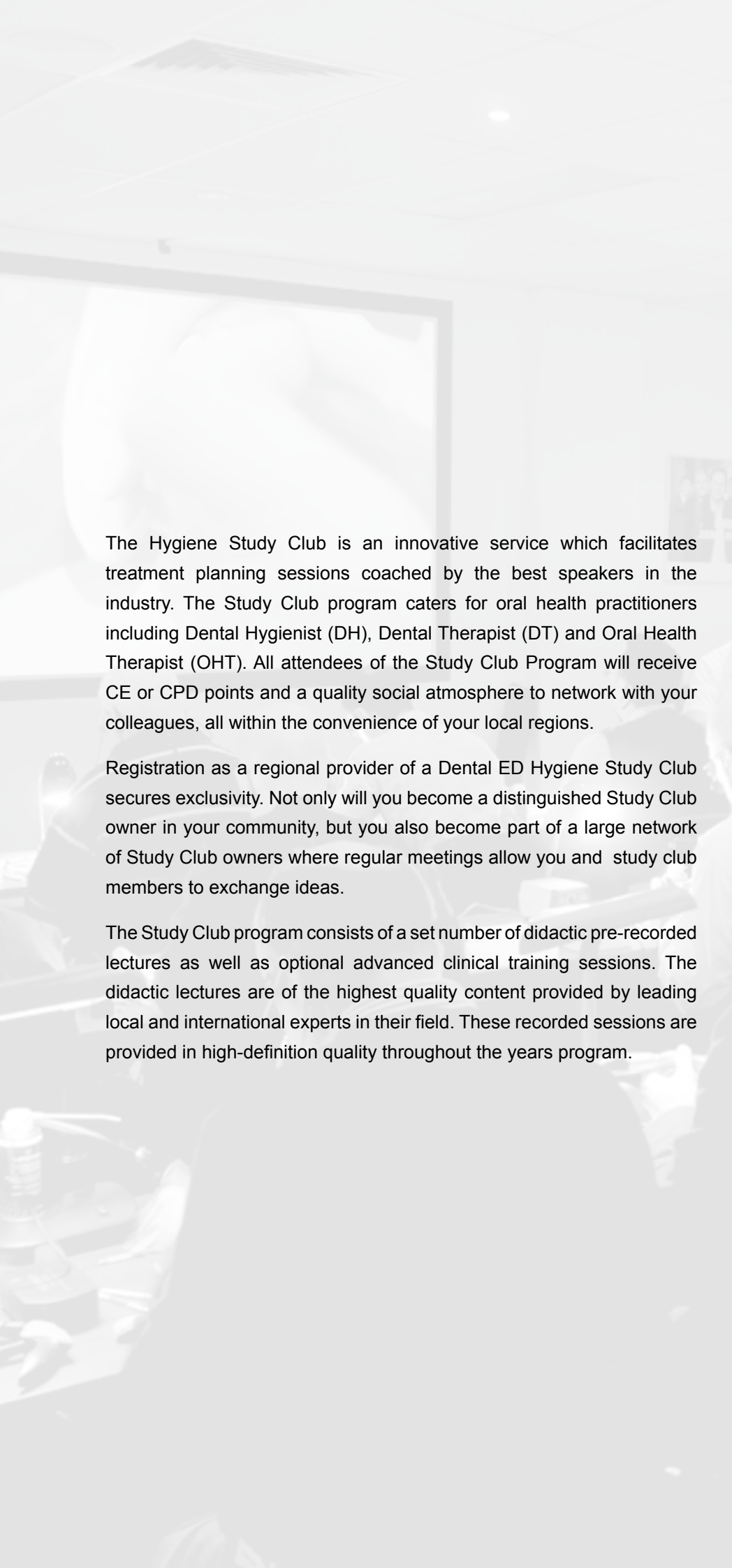
“Not many people are aware that Dental ED was actually the first service to introduce live web- conferencing sessions in the dental industry paving the way for many other organisations to introduce similar services today!”

Dental ED has grown to become the largest web conferencing based study club globally with over 180 sites in Australia, New Zealand, Asia, USA and Canada, Asia and still growing. Thousands of satisfied and professionally improved dental professionals around the world are testament to the success of Emanuel's efforts in establishing Dental ED as the educational provider it is today.

TOPICS THAT ARE COVERED

Up until now the Dental ED service has been mainly aimed at general and specialist dentists and includes a series of live, interactive seminars on topics in high demand, including restorative dentistry, orthodontics, endodontics and practice management. All lectures are clinically based with practical tips that can be applied the next day.

Dental ED has attracted high-calibre, well respected national and international lecturers. Dental ED is proud to now be able to offer a structured and comprehensive Dental Hygienist and Oral Health Therapist Study Club Program covering cutting edge topics delivered by highly regarded local and international lecturers.



THE STUDY CLUB MODEL

The Hygiene Study Club is an innovative service which facilitates treatment planning sessions coached by the best speakers in the industry. The Study Club program caters for oral health practitioners including Dental Hygienist (DH), Dental Therapist (DT) and Oral Health Therapist (OHT). All attendees of the Study Club Program will receive CE or CPD points and a quality social atmosphere to network with your colleagues, all within the convenience of your local regions.

Registration as a regional provider of a Dental ED Hygiene Study Club secures exclusivity. Not only will you become a distinguished Study Club owner in your community, but you also become part of a large network of Study Club owners where regular meetings allow you and study club members to exchange ideas.

The Study Club program consists of a set number of didactic pre-recorded lectures as well as optional advanced clinical training sessions. The didactic lectures are of the highest quality content provided by leading local and international experts in their field. These recorded sessions are provided in high-definition quality throughout the years program.



P R O G R A M 3

Dental Hygiene Study Club Program

Total 16 Hourly CE Credits

SPEAKER

1. **Kris Dowling, RDHAP, BA, CNE**

2. **Lisa Copeland, RDH**

3. **Kristy Menage Bernie, RDH, BS, RYT**

4. **Marlena Shore, RDHAP, MS**

5. **Nancy Dewhurst RDHAP**

6. **Linda Meeunwenberg RDHAP**

7. **Szabolcs Hant**

8. **Robert Turrini**

TOPIC

Connecting the Dots between Oral Health & Nutrition: A Holistic Approach.

Dental Implants: Successful Assessment and Maintenance for Lifelong Oral Health.

There Must be 30 Ways to Use Your Floss!

Radiographic Interpretation: Getting the Most out of Dental Radiographs.

Emerging disease and Infection Control.

Communication – Making it Work for you!

Document and communicate with dental photography.

To bleach or not to bleach: all the modern techniques of dental bleaching in association with prosthetic treatments.

Connecting the Dots Between Oral Health & Nutrition: A Holistic Approach

(2.00 Continuing Education Credits)



Kris Dowling, RDHAP, BA, CNE

There is so much (mis) information on nutrition these days, it's no wonder many of us are confused! The most common diseases we see our patients being treated for are Heart Disease, Diabetes, Cancer, and Autoimmune Disease. With these diagnoses come a variety of medications to treat the disease, but often with medication comes the burden of side effects.

What if the food we ate could actually help prevent or even cure disease? What if Hippocrates was right when he states "Food is medicine"? In this course you will learn about a variety of popular diets and what they are intended for. You will learn about GERD, food allergies/sensitivities, leaky gut, pH, glycemic index/load, inflammatory foods, and more. Dental professionals are often times the first to see systemic disease signs. We can be educators beyond the brush & floss and empower our patients to make healthier choices for their TOTAL health.

Kris Dowling, RDHAP, BA, CNE is a practicing dental hygienist in Berkeley, California. She graduated with an Associate in Dental Hygiene from Shoreline College in Washington State, a Bachelor of Business Management from St. Mary's College of California, a Certificate in Health Coaching from the Institute for Integrative Nutrition, a Certificate in Nutrition Education from Bauman College, and as a Natural Chef from Bauman College. Kris is an active member of the American Dental Hygienists' Association, the California Dental Hygienists' Association, Mt. Diablo Dental Hygiene Society, the American Academy of Dental Hygiene, and the National Association of Nutrition Professionals.

Kris has written articles for RDH Magazine/Dental IQ, and her local component newsletters. Her passion is continued higher education and sharing that knowledge with others. Kris is currently earning her Masters of Science in Holistic Nutrition at Hawthorn University.

Dental Implants: Successful Assessment and Maintenance for Lifelong Oral Health

(2.00 Continuing Education Credits)



Lisa Copeland

Dental implants have become a standard of care. Are you prepared? Long term success is dependent on comprehensive clinical evaluation, effective communication and appropriate clinical / patient therapies. This session is designed for all team members as a review of current implant concepts, techniques and treatment. Learn to implement specific communication skills related to dental implants that will enhance practice growth.

Recent scientific evidence on plaque biofilms is impacting the prevention and treatment of peri-implant diseases. While newer dental implant systems have overcome many factors that contributed to past implant failures, complications still exist. Recognising health vs. disease will enable you to develop treatment strategies to enhance patient success rates.

BENEFITS OF ATTENDING

1. Select patient candidates for dental implants.
2. Recognise types of dental implants and prosthetics.
3. Understand implant treatment sequence.
4. Enhance patient and professional education skills.
5. Learn to clinically access the implant environment.
6. Implement clinical therapies.
7. Establish appropriate re-care therapy.
8. Use /recommend products specific for implant treatment.

LISA COPELAND, RDH communicates to motivate throughout the world. She unites teams with generational and cultural communication differences by utilizing customized techniques to bridge the gap created by a varied workforce. Her corporate dental healthcare speaking career under marketing, sales and education spans over 25 years.

She is a graduate of Broome Community College, NY with 27 years of clinical practice experience. She began her dental hygiene career in the Centre for Osseointegration in Washington DC, which specialized in dental implants and prosthetics. Her professional speaking career paralleled with her clinical career, consulting for an international dental implant company. Lisa is an active member of

the ICOI and ADIA, two organizations dedicated to education pertaining to dental implants, as well as a member of the Speakers Consortium for Straumann, and an active, committed board member of the National Speakers Association.

THERE MUST BE 30 WAYS TO USE YOUR FLOSS!

(2.00 Continuing Education Credits)



Kristy Menage Bernie, RDH, BS, RYT

How many times have you told people you are a dental hygienist, only to have them tell you “I FLOSS!” When surveyed, consumers agree the most frustrating part of the dental hygiene visit is this question. Research has confirmed that only 2 – 10% floss regularly and effectively. With this dismal statistic the seminar will review the history and research of string floss for interdental health. Are there other equally effective or more effective methods? Is it time to “toss the floss”? This interactive session will empower you to consider other options that will increase patient health and satisfaction!

LEARNING OBJECTIVES

1. Integrate the latest research on interdental health tools and technologies.
2. Identify 30 ways to use floss...outside of the mouth!
3. Implement a new process of care that will empower you to “toss the floss”!

Kristy MENAGE BERNIE, RDH, BS, RYT is celebrating her 30th year in dental hygiene by going back to school! She is enrolled in the Dental Hygiene Master of Science program at the University of California, San Francisco, where she is also an Assistant Clinical Professor. Kristy has served on editorial boards for state and national publications for the past 20 years, and authored a chapter in the recently released edition of Mosby’s Dental Hygiene textbook on oral malodor. She has been quoted in Esquire Magazine, Women’s Health Magazine, interviewed by ESPN Radio and featured in the December 2011 edition of RDH Magazine.

Kristy is a member of the ADHA where she was a recipient of the 2005 Distinguished Service Award as well as a member of the American Academy of Cosmetic Dentistry and the American Academy of Dental Hygiene, where she is a past President.

Kristy lives in Northern California and is a certified yoga teacher through the Yoga Alliance and offers yoga sessions throughout the country. She enjoys her cats, yoga, reading, music, travel, “reality” TV (just ask her anything about the latest show!), laughter, and is a world-class swimming pool rafting and water slide expert!

Radiographic Interpretation: Getting the Most out of Dental Radiographs.

(2.00 Continuing Education Credits)



Marlena Shore, RDHAP, MS

Radiology is a tool used in Dentistry every day to provide the clinician important information that cannot be seen in a clinical exam. Intraoral and extra oral radiographs aide in assessments, periodontal therapy and restorative treatment.

These images allow for the view of calculus deposits, alveolar bone loss, faulty restorations, dental caries and pulpal changes. It is essential that dental professionals are able to acquire images that are diagnostically acceptable, while limiting the amount of radiation exposure by following the recommendations of ALARA. This session is intended to review normal anatomical landmarks in both the full mouth series and panoramic images. By utilising the techniques that will be discussed in this session, the clinician will be able to increase the accuracy of radiographic images and make a more valuable contribution to the dental practice.

LEARNING OBJECTIVES

1. Identify normal anatomical landmarks, including radiolucencies and radiopacities on periapical, bitewing and panoramic radiographs.
2. Identify carious lesions, periapical lesions and periodontal involvement radiographically.
3. Understand supplementary techniques to use in the interpretation of both analogue and digital radiographs.

Marlena Shore, RDHAP, MS has been a Registered Dental Hygienist since 1999, graduating from West Los Angeles College with Honours. In 2003 she continued her education and graduated in the first class from WLAC to become a Registered Dental Hygienist in Alternative Practice. Marlena holds a BS degree in Dental Hygiene from Northern Arizona University (Magna Cum Laude) and a MS. degree from Loma Linda University in Health Professions Education (Cum Laude). Marlena is an Adjunct Professor II at West Coast University in Anaheim, California where she is Course Director for Radiology Interpretation and also instructs in the clinic and lab settings. At Cerritos College in Norwalk, California she is the Course Director for Research & Dental Hygiene Biostatistics and Oral Pathology.

She is a member of the American Dental Hygienists' Association, California Dental Hygienists' Association, American Dental Education Association, California Dental Hygiene Educators' Association and Sigma Phi Alpha Honour Society. Currently, Marlena serves as a Co-Chair for the Student Relations Council for CDHA and has served on the Task Force of Alternative Criteria for Dental Hygiene Competency for Initial Licensure.

Emerging Diseases and Infection Control

(2.00 Continuing Education Credits)



Nancy Andrews Dewhirst, RDH

This seminar explores personal health issues such as new and altered diseases of importance to dental professionals such as biofilm diseases, and very infectious respiratory, skin, droplet or airborne diseases, as well as co-morbidities such as chronic conditions and allergies. These issues are discussed relative to occupational risk, illness prevention, and post exposure responses. Standard and transmission-based precautions along with work restrictions for dental workers are presented, with demonstrations and activities.

LEARNING OBJECTIVES

1. Review well-known infectious diseases.
2. Be able to explain current trends in infectious diseases.
3. Identify emerging disease risks of importance to dentistry.
4. Be informed of key decision criteria needed to prepare for unexpected results.

Ms. Dewhirst graduated from, and was a Clinical Instructor in Dental Hygiene at the University of Southern California, and teaches Oral Pathology, Preventive Dentistry and Infection Control at West Coast University Department of Dental Hygiene. She is a nationally recognized speaker, author and consultant, focusing on infectious diseases, clinical safety, instrument sharpening, ergonomics and preventive dentistry. She is a “top 100 Speaker” and is on the California Dental Association, ADA and OSAP speakers/consultants bureaus. Nancy is an experienced author of journal articles, has contributed to textbook chapters and guidelines such as the 2009 ADA Infection Control Wall Poster, CE courses, newsletters, product literature and website content.

Ms. Dewhirst has more than 80 articles published in peer-reviewed professional journals, has contributed to dental textbooks and national guidance documents. She also writes regular infection control columns in the dental industry publications and trains sales reps in infection control. She has presented over 350 seminars nationally and internationally on Diseases and Infection Control Prevention, Disaster Preparedness, Biofilms, Building Contamination and Dental Waterlines, Instrument Sharpening, Ultrasonic Scaling and Ergonomics.

Communication - Making It Work for You!

A Program for Improved Patient Relationships, Patient Engagement, and Adherence to Treatment Recommendations.

(2.00 Continuing Education Credits)



Linda Meeuwenberg

For health care providers, clear health communication is about helping patients to understand and act on health care information so they can follow instructions with the goal of improving health outcomes. Whether presenting oral hygiene recommendations to sustain oral health or recommending dental treatment, each team member plays a vital role in communicating the message to the patient. Learn strategies for evidence based decision making for selection of oral care products and how to present them to your patients for improved adherence. Learn what communication science has to say regarding the type of communication that patients respond to best and how each team member's behavioural style contributes. Learn how your unique style can interfere or enlighten patient acceptance. This is a professional empowerment presentation that the dental team will apply immediately to their practices. Our inspirational speaker is sure to revive your passion for outstanding patient care!

LEARNING OBJECTIVES

1. Describe the health communication needs of providers and how they compare to the unique communication needs of the patient/client.
2. Discuss strategies to bridge the gap between the communication differences.
3. Discuss verbal/non-verbal communication cues and how to benefit from them.
4. Describe the most important factor that determines patient engagement.
5. Develop strategies for improved patient relationships through understanding behavioural styles.

Linda Meeuwenberg, RDH, MA, MA, FADIA is well known for her role as a distinguished faculty member at Ferris State University and as President of Professional Development Association, Inc. She has presented numerous continuing education courses throughout the USA and abroad. Linda brings nearly four decades of professional experience to the podium and has authored numerous journal articles. She was featured in an interview of international speakers in *Stepping Stones to Success*, co-authored an interactive iPad titled *3D Dentists – The Future of Dentistry is Now!*, and is a featured author in the Amazon Best Selling book - *Overcoming Mediocrity – A collection of stories from dynamic women who have created a life of significance*. She is a 2009 Hygiene Hero recipient and 2012 RDH Sunstar Hygienist of Distinction for her volunteer projects improving access to care, oral health screening, and referrals. Linda has served twice in South Africa as an ambassador for the People to People Program representing the American Dental Hygiene Association and as a study abroad facilitator for graduate dental hygiene students and alumni. Her recent adventure with a former student was in Saudi Arabia as the first hygienists ever invited to speak at the Saudi Dental Society at King Saud University. Having served 25 years in the Migrant Health Clinics in Michigan, she was known by her patients and children as the “always smiling dental lady”. Her passion and energy is sure to motivate the audience to improved practice techniques!

Document and Communicate With Dental Photography.

(2.00 Continuing Education Credits)



Szabolcs Hant

Modern digital cameras are capable of capturing great detail but we have to learn how to use them properly in the dental field to achieve optimum standards. In this session we will learn a coordinated approach to capture the best possible photographs with your camera.

We will talk about the technical aspects of digital cameras and understanding how we can create stunning images. Moreover, what the basic tools for dental photography are and through examples how to take correct and useful intra oral images for documentation and shade communication. We will also cover image editing, cataloguing and transferring as well as camera setup, photography techniques for great portrait photographs that can be used for marketing and advertising. The best marketing photos for your practice are those quality images you have taken!

LEARNING OBJECTIVES

1. Camera basics and differences between camera formats
2. The necessary camera setup for dental photography (Canon, Nikon)
3. Common mistakes and how to avoid them
4. Shade photography checklist
5. Object and portrait photography
6. Photography workflow, including cataloguing, key wording and sharing

Szabolcs Hant is a well experienced dental ceramist and photographer. He started his study in 1993 in Hungary, where he was lucky to have met and be inspired by the great masters from around Europe. Some well-known names from the courses he has attended included Klaus Müherties, Oliver Brix, Aki Yoshida, and Robert Zubak to mention a few.

In 2004 he became a Hungarian Master Dental Technician and in 2006 he established his own lab where he was able to advance his ceramic skills and develop his dental photography knowledge. There he was fortunate to work with Hungary's famous and talented dentists like Prof. Dr. Paul Gerloczy, Dr. Attila Bodrogi, Dr Janos Grosz, Dr. Ferenc Bartha.

Ivoclar Vivadent invited him to become the Hungarian opinion leader. In 2014 he and his family proudly became Australian citizens. In the recent years Szabolcs gave lectures and hands-on courses in ceramic and dental photography topics and developed some useful devices for dental photography.

To Bleach or Not to Bleach: All the Modern Techniques of Dental Bleaching in Association with Prosthetic Treatments.

(2.00 Continuing Education Credits)



Dr. Roberto Turrini

Nowadays covering tooth discoloration may represent a challenge for the clinician especially when facing quite severe discoloured areas. Currently, thanks to the extremely predictable techniques and versatile products related to dental bleaching that are available on the market it is sometimes possible to avoid covering discoloured teeth and still achieve excellent results in terms of aesthetics and durability.

In more complex situations, which require changes in tooth shape, colour and position, the clinician can count on high-performance ceramic materials, in order to reach high aesthetics even with minimally invasive prosthetic procedures.

LEARNING OBJECTIVES

1. Know all the whitening techniques and learn a set-by-step approach of home-bleaching, in-office bleaching of vital and non-vital teeth.
2. Know that dental bleaching should not be limited to this simple function but that it can be part of a prosthetic treatment plan. Learn when we can bleach and when not before doing a prosthetic treatment in the anterior area.
3. Learn how to avoid covering by using a simple standardized dental bleaching technique in case of non-vital discolorations.

Roberto Turrini graduated in Dentistry at the University of Florence in 2004. Since 2005 he has been working in collaboration with Dr. Mauro Fradeani's and has attended several courses in Italy and abroad on prosthodontics, implantology and aesthetic dentistry. Author of several scientific articles published in Italian and international magazines, he co-authored with Dr. Enrico Cogo and Dr. Pietro Sibilla "Dental Bleaching: Methods for Success", published by Quintessence International in 2011 translated in German and Spanish and presently in translation into other languages. He lectures nationally and internationally on topics relating to prosthodontics and aesthetic dentistry. He works in Pesaro and he focuses his professional activity on restorative, endodontics and prosthodontics with particular interest in aesthetic dentistry.

HOW DO I FIND A STUDY CLUB?

Contact Dental ED and we will put you in touch with your nearest Study Club.

OR

Start your own study club!

Gather a minimum of 15 Hygienists and/or , Therapists and/or Oral Health Therapists in your area and start your own study club!

Study club gives you:

- Exclusive zoning for 12 months.
- 8 Lectures per year.
- Continuing education points.
- Session notes and study guide.

Dental 

PHONE +61 (3) 8300 0719 EMAIL support@dentaedglobal.com

WEBSITE www.dentaedglobal.com

REGISTRATION/ EXPRESSION OF INTEREST FORM

Name _____

Hygienist Therapist OHT

Practice _____

Address _____

Work Number _____

Mobile _____

Email _____

Please email me information about my nearest Study Club

Please email me information about starting my own Study Club

Fax back to Dental ED on **+61 (3) 9386 4141**

Registration **at www.dentaledglobal.com** or by mail.

Dental ED Pty Ltd

PO BOX 2062 Lygon Street North, East Brunswick, VIC 3057.

EMAIL info@dentaledglobal.com

PHONE +61 (3) 8300 0719

